

3-IN-1
CHALLENGE
PRAYER FAST

40 DAY PRAYER JOURNAL FOR LENT

3-IN-1 CHALLENGE PRAYER FAST

We pray you encounter God in a new way, as you begin your journey through Lent with this 3-in-1 Challenge. Spend a few moments thinking about your one main, dream, desire or concern that you will be praying about daily throughout the next 40 days.

These are the following 3 Steps in the 3-in-1 Challenge:

1 DEVOTION

For the next 40 days (excluding Sunday's) Decide on a time each day to use this daily devotional to guide your prayer time. Find a comfortable space, of quiet and stillness where you will be...

BELIEVING IN THE POWER OF GOD

"Devote yourself to prayer with an alert mind and thankful heart"

Colossians 4:2

2 PRAYER

We will be joining together in prayer, daily at 7pm for 2 minutes where we will pray for our family, friends, co-workers, and world issues. Set an alarm to alert you at 7pm. Wherever you are, stop and pray for 2 minutes as it's about...

COMMUNICATING WITH JESUS

"For where two or three gather in my name, there am I with them."

Matthew 18:20

3 FAST

Every Wednesday we will be fasting together, giving up something that will be a sacrifice to ourselves. (Food, TV, Social Media, Movies, Games) Be honest and choose something that would be challenging for you to give up, as this will...

ACTIVATE THE HOLY SPIRIT

"Commit everything you do to the Lord, trust Him and He will help you"

Psalms 37:5

DECLARATION

Dear God,

I _____ dedicate the **3-IN-1 CHALLENGE** to you.
PRAYER FAST

All praise, honour, and glory belong to You, our true and living God.
You the source of all wisdom and knowledge.

In You are all the secrets of the universe, yet You grant us to know the mysteries of Your kingdom. You reveal the deep things of the darkness and bring utter darkness into light. Thank You for hearing us when we pray and for giving us understanding when we ask You.

I praise you for revealing the true knowledge of God's mystery, Christ Himself, in whom are hidden are all the treasures of wisdom and knowledge. Like You responded to Daniel, Lord, send Your word to give me understanding.

I will lean in, retreat from the pressures I face,
and move closer and deeper into your love.
I will breathe out, refrain from the distractions I seek,
and become open and receiving of your grace.
I will linger, encircled by the depth of your care,
and receive the endless nature of your mercy.
I will whisper, in the quiet of this sanctuary,
and be honest and real in your presence.
I will listen, awaken all my senses to your voice,
and become expectant and hopeful of your kingdom work in my life.

Father, strengthen me to fix my eyes on Jesus as we look forward to Easter. In Jesus name.

Amen

Signed:



SCHEDULE ^{1ST HALF}

PLEASE TICK OFF AS YOU GO THROUGH THE 40 DAYS

	DEVOTION	PRAYER(7PM)	FAST(WED)
DAY 1	†	†	†
DAY 2	†	†	†
DAY 3	†	†	†
DAY 4	†	†	†
DAY 5	†	†	†
DAY 6	†	†	†
DAY 7	†	†	†
DAY 8	†	†	†
DAY 9	†	†	†
DAY 10	†	†	†
DAY 11	†	†	†
DAY 12	†	†	†
DAY 13	†	†	†
DAY 14	†	†	†
DAY 15	†	†	†
DAY 16	†	†	†
DAY 17	†	†	†
DAY 18	†	†	†
DAY 19	†	†	†
DAY 20	†	†	†

DAY 1

'Come close to God, and God will come close to you.' (James 4:8)

As we begin this journey of prayer, anticipate the Lord's nearness in a special way. Begin each day with a humble and passionate desire to experience His holy presence. Learn to wait upon God to reveal Himself and to makes His ways known. God promises us that if we come close to Him, He will come close to you.

Pray today for yourself and your church family that as we begin this journey, we will learn to turn from the things of this world and to seek God. Pray that the presence of God will become very real in each of our lives.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

2 Pray for 3 people you would like to know Christ

3 Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 2

'Listen to my voice in the morning, Lord. Each morning I bring my requests to you and wait expectantly..' (Psalm 5:3)

It is impossible to live a victorious Christian life without maintaining close fellowship with God. Our morning watch (quiet time, secret place) is a key to maintaining this spiritual intimacy. Personal devotion to Christ refuses to be content with anything less than to experience Him.

Pray today for yourself and our church family that we will not get caught up in our busyness and become too preoccupied to be a praying people. Pray that we will set aside specific times each day in order to study God's Word and to talk with our heavenly Father. Pray that this day will be a blessed day for all those who are seeking the face of their Saviour.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

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3 Pray about 3 things you are grateful for...

1. _____

2. _____

3. _____

Your own additional thoughts/ meditations

DAY 3

‘Anyone with ears to hear must listen to the Spirit and understand what he is saying to the churches. To everyone who is victorious I will give fruit from the tree of life in the paradise of God.’ (Revelation 2:7)

Sometimes we become so preoccupied with what we have to say to God that we fail to listen for what He might have to say to us. A prayerful spirit is the spirit to which God can and will speak. In each of the seven letters our Lord sent to His churches, He concluded with the caution – “Anyone with ears to hear must listen to the Spirit...”

Pray today for yourself and our church family that we will have a heart that is able to hear the voice of the Spirit. Pray that we will learn how to be still and know that He is God. Pray that we will hear what the Spirit has to say to our church.

- 1** Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2** Pray for 3 people you would like to know Christ
- 3** Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 4

‘But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you..’ (Matthew 6:6)

Often the greatest hindrance to our daily fellowship with God is the noise and busyness of our lives. It is so easy for us to get so caught up in our daily routines that fail to have time for our Saviour. Yet the Bible teaches us that we were created for fellowship with God. It has been said that the primary duty is to glorify God and to enjoy Him forever. Times of quietness are essential to knowing and walking with God.

Pray today for yourself and our church family that we will each find a secret place where we can commune deeply with God. Pray that each of us will make our time with God the top priority of our lives. Pray that each of us will get a vision for the reason why God created us and that we will learn to live for that reason.

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3. _____

Your own additional thoughts/ meditations

DAY 5

'So, we have not stopped praying for you since we first heard about you. We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding.' (Colossians 1: 9)

God has promised to fill us with His wisdom and knowledge, yet we have to be open to such blessings. We must never forget that it is by prayer that the Spirit is poured out, souls are saved, and believers are established in the faith. It is by prayer that the kingdom of darkness is defeated and those held captive are set free. It is by prayer that the glory of God is revealed.

Pray today for yourself and our church family that we will take up the responsibility of interceding for the lost and for each other. Pray that our church will become a house of prayer. Pray that through our prayers, our community, county and country will be turned back to God.

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3 Pray about 3 things you are grateful for...

1. _____

2. _____

3. _____

Your own additional thoughts/ meditations

DAY 6

‘Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.’
(2 Chronicles 7:14)

There has never been a time when God’s people did not need to desperately hear from God and to have His presence in their lives. Our tendency is to trust in our abilities and the traditions of the past and to neglect the seeking of God’s presence and power. Humility, prayer, repentance and longing for God are the avenues through which our Lord will speak and make Himself known to His people.

Pray today for yourself and our church family that we will turn from the sin in our lives and humbly seek God. Pray that we will seek God’s face more than God’s blessings. Pray that God will first heal us and then through us – heal our land.

1
2
3

Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

Pray for 3 people you would like to know Christ

Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 7

‘Then if my people who are called by my name will humble themselves and pray and seek my face and turn from their wicked ways, I will hear from heaven and will forgive their sins and restore their land.’ (1 John 1:9)

Too often the confession of sin becomes superficial or neglected. Few Christians realise how absolutely necessary it is to acknowledge their sins before God and to seek His forgiveness. Instead, we become careless and complacent about our sins and sometimes deliberately disobedient in our living. Confession of sin means not only that we with shame admit that we have sin, but also with true repentance we choose to turn from our sin and to seek God’s holiness.

Pray today for yourself and our church family that we will not become complacent in our Christian walk and begin to disregard sin in our lives. Pray that whenever we sin, we will experience the heaviness of the Spirit’s conviction and run to God in repentance. Pray that our church family will be clean from the ‘inside out.’

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3. _____

Your own additional thoughts/ meditations

DAY 8

‘As for me, I will certainly not sin against the Lord by ending my prayers for you. And I will continue to teach you what is good and right. ‘
(1 Sam 12:23)

Samuel told the nation Israel that it would be sin for him to stop praying for them. A major part of our prayer life each day should be concerned with the needs and spiritual wellbeing of our fellow believers. Let us not sin by failing to pray for our brothers and sisters.

Pray for yourself and our church family that we will be a body of believers that support each other with our prayers. Pray that we will be sensitive to the needs of each other and that we will help bear one another’s burdens through our prayers.

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3. _____

Your own additional thoughts/ meditations

DAY 9

'I want you to know how much I have agonised for you and for the church at Laodicea, and for many other believers who have never met me personally.' (Colossians 2:1)

The Apostle Paul believed in the power of prayer. In the passage we have just read, Paul says that he agonised in his prayers over the needs of his fellow believers. The thought behind the word agonise is a wrestler competing with his opponent in order to win the prize. True prayer can be hard work; yet the reward of seeing a fellow believer being blessed by God is well worth any effort we may devote.

Pray for yourself and our church family that we will not become lazy or mechanical in our prayer lives. Pray that we will take prayer seriously and that we will agonise before the throne of God for the needs of others.

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3. _____

Your own additional thoughts/ meditations

DAY 10

**‘But while Peter was in prison, the church prayed very earnestly for him.’
(Acts 12:5)**

Shortly before Peter’s arrest, James, a fellow apostle, had also been arrested and executed. Many in the church now wondered if the same would happen to Peter. Understanding the danger that Peter faced, the church began to pray. Scripture says that they prayed without ceasing. Night and day, people cried out to God for Peter’s deliverance. The result of their prayers was that Peter was released from prison and able to continue his ministry.

Pray for yourself and our church family that we will be committed to lift each other up in prayer. Pray that we will pray without ceasing. Pray that God will use each of us, day and night, to be His intercessors.

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Your own additional thoughts/ meditations

ARTICLE

JESUS

Jesus Fasted Before Temptation by Satan

Matthew 4:1-2

Before Jesus was tempted by Satan and before He started His public ministry, He fasted 40 days. The Bible says that Jesus was led by the Holy Spirit into the wilderness (Matthew 4:1).

This verse indicates that the purpose of Christ going into the wilderness was for the temptation that would come. Verse 2 tells us that for 40 days and nights before He was subjected to a personal attack by Satan, Jesus fasted.

Though physically weak (Jesus was hungry), Jesus was spiritually well prepared for the temptation that followed.

ESTHER

Esther Fasted for the Safety of the Jews

Esther 4:15-17

Mordecai heard that the Jews were to be exterminated from the kingdom of Ahasuerus. The reason for the genocide was because one man, Haman, did not like Mordecai and his family. He felt that Mordecai did not show him proper respect.

Queen Esther was a Jew but Haman did not know this. Mordecai came to his cousin Esther to ask her to petition the king to spare the Jews. Because of royal tradition, it was not appropriate for Esther to enter the king's court without an invitation. Even as queen she could be executed for approaching the king without an invitation (Esther 4:11).

Mordecai told Esther that God may have given her the position in the kingdom that she had for the sole purpose of saving the Jewish race (Esther 4:14). She agreed to approach the king, but she asked Mordecai to spread the word to the Jews that they should fast for 3 days without food or drink. She fasted in the same manner.

Thankfully Esther was accepted into the presence of the king and the Jewish people were saved.

DAY 11

'and forgive us our sins, as we have forgiven those who sin against us. If you forgive those who sin against you, your heavenly Father will forgive you. But if you refuse to forgive others, your Father will not forgive your sins.' (Matthew 6:12, 14-15)

Conflict between believers is bound to happen, yet there should always be a spirit of forgiveness within the body of Christ. Jesus teaches us that the forgiveness of others should be a part of our daily prayers.

Pray for yourself and our church family that we will kind, tender-hearted, and always willing to forgive others, even as we ourselves are forgiven. Pray that if there is a need for believers to discuss their differences, the Lord will help them to do so and that the spirit of forgiveness will always be present.

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Your own additional thoughts/ meditations

DAY 12

'Dear brothers and sisters, pray for us...' (1 Thessalonians 5:25)

As members of the church, none of us can fully comprehend the weight that is often carried by our spiritual leaders. They are often pulled in many directions as everyone wants their specific needs met by them. Paul referred to this weight in 2 Corinthians when he wrote- "...I have the daily burden of my concern for all the churches.." One of the greatest gifts we can ever give to our spiritual leaders is to pray daily for them and their families.

Pray that God would put a hedge of protection around the homes and lives of our church leaders. Pray for their deliverance from discouraging attacks and any harm that Satan would attempt to bring to their lives and ministries. Pray that God would constantly keep them close to His side where they can draw from His strength and wisdom and therefore be the spiritual leaders God has called them to be.

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Your own additional thoughts/ meditations

DAY 13

‘And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.’ (Hebrews 10:25)

It is the Lord’s will that His followers love and support each other. He has ordained that we should come together regularly for worship, prayer, and mutual enlightenment. It is against His will that we be purposely neglect these duties. Therefore, we should approach our church attendance, not so much with the attitude of what we might get out of it, but with what we might give. We should ask ourselves –
“How might the Lord use me this day to help others?”

Pray for yourself and our church family that each of us will take our church attendance seriously. Pray that we will not find satisfaction whenever we are wilfully absent. Pray that the love of Christ may abound within our church family. Pray that lives will be changed and God will be glorified.

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Your own additional thoughts/ meditations

DAY 14

'And said unto them, It is written, My house shall be called the house of prayer; but ye have made it a den of thieves.' (Matthew 21:13)

Few things seemed to upset our Lord; yet when He saw men hindering others from praying it angered Him greatly. From what we have just read we can see that one of the primary activities that God desires to happen within His church is prayer.

Pray for yourself and our church family that we will always make prayer a priority. Pray that those who attend will feel encouraged to pray, whether it is done publicly or privately. Pray that our church always be a place of prayer.

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Your own additional thoughts/ meditations

DAY 15

'He said to them, "The Scriptures declare, 'My Temple will be called a house of prayer,' but you have turned it into a den of thieves! (Ephesians 6:18-20)

Are you bold in your faith? Do you worry what others might think of you if you tried to share your faith? Embrace the cross. Hold it high for the world to see. Do not be ashamed of the gospel. Instead, believe in its power to save the lost. Those around us need to hear that Jesus is the way, the truth and the life, and that no one can come to the Father except through Him.

Pray for yourself and our church family that we will be bold in sharing our faith. Pray that God will open doors for us to share Christ and that we will be ready to go through them. Pray that the lost will have ears to hear and faith to believe. Pray that through the ministries of our church, many will come to know Jesus Christ as their Lord and Saviour.

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1. _____

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3. _____

Your own additional thoughts/ meditations

DAY 16

‘The Lord isn’t really being slow about his promise, as some people think. No, he is being patient for your sake. He does not want anyone to be destroyed, but wants everyone to repent..’ (2 Peter 3:9)

The Bible says that in the last days many will mock at the notion of Christ’s return. They will believe that they still have plenty of time to be saved; yet the Bible says that the Lord’s return will occur when men least expect it. Brothers and sisters, Jesus is coming again and when that happens, many will be left behind.

Pray for yourself and our church family that we will not take for granted our present opportunities to share the gospel. Pray that we will not be guilty of mocking the thought of Christ’s return, but instead we will be working as we watch and wait. Pray that Gods will, this very day, will use someone in our church family, to help lead a person to Christ.

- 1** Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
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1. _____
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3. _____

Your own additional thoughts/ meditations

DAY 17

‘He said to his disciples, “The harvest is great, but the workers are few. 38 So pray to the Lord who is in charge of the harvest; ask him to send more workers into his fields.’ (Matthew 9:37-38)

The Bible asks us – “But how can they call on him to save them unless they believe in him? And how can they believe in him if they have never heard about him? And how can they hear about him unless someone tells them?” As Jesus looked upon the lost multitudes, He pleaded with His disciples to pray for more labourers. Perhaps each day we should pray – “Here am I Lord, send me!”

Pray for yourself and our church family that we will be involved in spreading the gospel. Pray that those who work on public jobs will take the gospel to their places of employment. Pray that our children will take the gospel to their friends in school. Pray that each of us will take the gospel to our friends and neighbours. Pray that we will be active in the process of sowing and reaping.

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1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 18

'He said to his disciples, "The harvest is great, but the workers are few. So pray to the Lord who is in charge of the harvest; ask him to send more workers into his fields.'" (2 Thessalonians 3:1)

Christians are in a great battle over the gospel. Though we may at times think our battle is with world issues, the Bible says that our battle is with the forces of evil. Satan and his demons are doing all they can to keep us from spreading the gospel. Paul faced something similar in his day and therefore he pleaded with the church to pray that there would always be an open door.

Pray that the door will remain open for Christians to share the gospel. Pray that the government will make wise decisions. Pray that the word of the Lord, will speak to our lives and that God would be glorified.

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Your own additional thoughts/ meditations

DAY 19

‘Therefore, go and make disciples of all the nations, baptising them in the name of the Father and the Son and the Holy Spirit. Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.’ (Matthew 28:19-20)

Jesus commands us to help those who are new to faith. To disciple someone in the faith is more than handing someone a book or asking them to attend a class. It involves us taking the time to share our lives with them and to communicate to them the truths of God’s Word.

Pray for yourself and our church family that each of us will be willing to give of ourselves in order to help others grow closer to Christ. Pray for those who prepare messages and lessons and for those who listen. Pray that together we will grow in the grace and knowledge of our Lord and Saviour.

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3. _____

Your own additional thoughts/ meditations

DAY 20

'And all of this is a gift from God, who brought us back to himself through Christ. And God has given us this task of reconciling people to him. (2 Corinthians 5:18)

For I can do everything through Christ, who gives me strength. (Philippians 4:13)

What an awesome thought - God has empowered us for this ministry of reconciliation. Trust God to use you. Seek His guidance to grow in your abilities to share the Gospel. Never forget brothers and sisters, our calling to be His representatives in this world.

Pray for yourself and our church family that we will find victory over our fears and that we will become bolder in telling others about Christ. Pray that we will be sensitive to His Spirit's leading and that God will use us to bring others to salvation. Pray that our church will be a ministry of reconciliation to the world.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

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1. _____

2. _____

3. _____

Your own additional thoughts/ meditations

ARTICLE

DAVID

David Mourning His Child's Illness

2 Samuel 12:1-23

After David had committed adultery with Bathsheba he learned that she was pregnant. David had her husband executed so that he could take her to be his wife. At some point after the baby was born Nathan the prophet confronted David about his sin. David confessed and repented (2 Samuel 12:1-14).

Even though David repented before God, there were still consequences for his actions. The prophet told David that the child would die. After the prophet left, the young boy became very ill. David immediately went into prayer and fasting for his son. He knew that God said the child would die, but he had hoped that he might find grace in the eyes of God.

David refused to eat while the child was ill. After the seventh day his son died. When David's servants told him about the child's death, David cleaned himself up, ceased from his mourning and began to eat once again (2 Samuel 12:15-20).

The servants were surprised by the actions of the king. But David said that now that the child had died, there was nothing that could be done. He would one day see his son again in Heaven (2 Samuel 12:23).

DANIEL

Daniel Fasted for an Answer to Prayer

Daniel 10:1-3

Daniel fasted and prayed for understanding of a vision in Daniel 10. Verses 2 and 3 tell us that this fast was for 3 weeks. The vision Daniel saw showed what would become of the people of God in the future.

Daniel abstained from "pleasant bread," meat, and wine. These words, along with Daniel's other fast (Daniel 1:12, 15, 16), are the basis for what many call a "Daniel fast." It is a type of fasting that is characterized by only eating fruits, vegetables and whole grains. The only drink approved for the fast is water. There are variations in what foods are considered appropriate on this fast, but those are the generally accepted guidelines.

DAY 21

‘One day as these men were worshipping the Lord and fasting, the Holy Spirit said, “Appoint Barnabas and Saul for the special work to which I have called them.” So after more fasting and prayer, the men laid their hands on them and sent them on their way.’

(Acts 13:2-3)

As the church at Antioch began to pray and fast, the Holy Spirit spoke and revealed His plan to use Paul and Barnabas as missionaries. No one in their church had ever done anything like this before and therefore we can be sure they had many fears and concerns. Yet, as they continued to pray, the Spirit continued to guide and those called out continued to find strength.

Pray for yourself and our church family that each of us would be sensitive to the Spirit’s leading. Pray that God would call out from our church family missionaries, ministers, and other spiritual leaders. Pray that those who are fearful will step out in faith and take on new ministries. Pray that our church will be a serving church.

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3. _____

Your own additional thoughts/ meditations

DAY 22

‘And you must love the Lord your God with all your heart, all your soul, and all your strength. And you must commit yourselves wholeheartedly to these commands that I am giving you today. Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up.’ (Deuteronomy 6:5-7)

The home is under great spiritual attack. Christian parents are in a constant battle with the forces of evil for the hearts of their children. We need to pray for our families. We need to pray that our homes will have biblical convictions and that parents will be godly examples to their children. We need to pray for the hearts of our parents and the hearts of our children.

Pray for the protection of our Christian homes. Pray that God’s Word will be taught and that families will come together to pray regularly, as part of their families daily routine.

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Your own additional thoughts/ meditations

DAY 23

‘Look, I am sending you the prophet Elijah before the great and dreadful day of the Lord arrives. 6 His preaching will turn the hearts of fathers to their children, and the hearts of children to their fathers. Otherwise I will come and strike the land with a curse.’ (Malachi 4:5-6)

The Bible tells us that one of the last things our Lord will do before He returns is to bring renewal to the home. If the Lord intends to bring renewal in the home during last days, surely He wants renewal in our homes today.

Pray for your family and for the families of our church that there will be spiritual unity and support. Pray that through our families - souls will be saved, lives will be changed and God will be glorified.

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3. _____

Your own additional thoughts/ meditations

DAY 24

**‘Wives, submit to your husbands, as is fitting for those who belong to the Lord. Husbands, love your wives and never treat them harshly..’
(Colossians 3:18-19)**

The Bible teaches us that the Christian home is a living example of the relationship between Christ and His church. (See Ephesians 5:28-33) Yet, this cannot happen when there is strife and division in the home. When husbands and wives do not honour and love each other as the Bible commands, they cannot bear witness to their children or to the world what it means to be a child of God.

Pray for the relationship between husbands and wives. Pray that husbands will love their wives, even as Christ loves the church. Pray that wives will honour their husbands, even as the church honours our Lord. Pray that the marriages within our church family will become strong and spiritual.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

2 Pray for 3 people you would like to know Christ

3 Pray about 3 things you are grateful for...

1. _____

2. _____

3. _____

Your own additional thoughts/ meditations

DAY 25

'Children, always obey your parents, for this pleases the Lord.'
(Colossians 3:20)

It has become all too common in today's world for children and youth to profess that they know the Lord, yet be disrespectful to their parents. If a child doesn't honour their parents, they can't honour the Lord. It is the Lord's Will that the home be a place of love and respect.

Pray for our children, (especially those who profess to know Christ), that they will always honour and respect their parents. Pray that there will be spiritual conviction when there is not such honour and respect. Pray that through our homes our children will learn what it means to honour and love the Lord.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

2 Pray for 3 people you would like to know Christ

3 Pray about 3 things you are grateful for...

1. _____

2. _____

3. _____

Your own additional thoughts/ meditations

DAY 26

'Fathers, do not aggravate your children, or they will become discouraged.' (Colossians 3:21)

Paul commands fathers to be on guard against doing things that might unnecessarily cause their children to become discouraged or angry. Some fathers anger their children through harsh behaviour and unreasonable demands. Other fathers discourage their children through negligence and a lack of involvement in their lives. This command can also be applied to mothers as well. Some mothers allow themselves to become involved in power struggles with their children. Other mothers are fearful of offending their children and therefore fail to establish proper boundaries. It is not easy to be a Christian parent. It takes much prayer.

Pray for our parents that they will know how to properly raise their children. Pray that they will know how to establish boundaries that are biblical and to teach their children the importance of such boundaries. Pray that our parents will walk in the Spirit as they raise their children.

- 1** Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2** Pray for 3 people you would like to know Christ
- 3** Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 27

‘How joyful are those who fear the Lord, all who follow his ways. You will enjoy the fruit of your labour. How joyful and prosperous you will be! Your wife will be like a fruitful grapevine, flourishing within your home. Your children will be like vigorous young olive trees as they sit around your table. (Psalm 128:1-3)

God wants to bless the home. He wants it to be a place where there is joy and happiness. Yet there is a principle that is vitally necessary in order for this to happen. There must be a fear of God. To fear God does not mean that we run from Him, but acknowledge Him in all things. A home that will be blessed is a home where Jesus is Lord.

Pray for our homes that they will be places where every decision is put under the Lordship of Jesus Christ. Pray that Jesus will be Lord of what is seen on TV and on Social media. Pray that Jesus will be Lord of what is heard on the radio. Pray that Jesus will be Lord of every aspect of our homes.

- 1** Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2** Pray for 3 people you would like to know Christ
- 3** Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 28

‘But if you refuse to serve the Lord, then choose today whom you will serve. Would you prefer the gods your ancestors served beyond the Euphrates? Or will it be the gods of the Amorites in whose land you now live? But as for me and my family, we will serve the Lord.’ (Joshua 24:15)

What is lacking in many of our homes today are strong biblical beliefs. In many Christian homes, the world has more influence than the Word of God.

Pray that God’s Word will be studied in the home and that through this study, biblical boundaries and beliefs will be established. Pray that these biblical boundaries and beliefs will then be put into practice.

- 1** Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2** Pray for 3 people you would like to know Christ
- 3** Pray about 3 things you are grateful for...

- 1. _____
- 2. _____
- 3. _____

Your own additional thoughts/ meditations

DAY 29

'Now the Holy Spirit tells us clearly that in the last times some will turn away from the true faith; they will follow deceptive spirits and teachings that come from demons. These people are hypocrites and liars, and their consciences are dead. They will say it is wrong to be married and wrong to eat certain foods. But God created those foods to be eaten with thanks by faithful people who know the truth. Since everything God created is good, we should not reject any of it but receive it with thanks.'

(1 Timothy 4:1-4)

The church is commanded to pray for its governmental leaders! In Paul's day this meant praying for the Roman emperor, Nero. Nero hated the Christians and tried to destroy them, yet God still commanded His people to pray.

Pray that as our nation seeks God's blessings, we will also seek His righteousness. Pray that Christians who hold political office will have a voice among their peers. Pray for a great spiritual awakening to sweep across our land.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

2 Pray for 3 people you would like to know Christ

3 Pray about 3 things you are grateful for...

1. _____

2. _____

3. _____

Your own additional thoughts/ meditations

DAY 30

'You are the salt of the earth. But what good is salt if it has lost its flavour? Can you make it salty again? It will be thrown out and trampled underfoot as worthless.' (Matthew 5:13)

Today is a day of compromise. Christians are being influenced to turn away from the teachings of God's Word and to embrace the ungodly ways of this world. Part of this influence comes through the concept that the church should be careful to not offend people. Yet according to Christ, if the salt loses its flavour, it becomes worthless. We should never needlessly offend people, nor should we adapt to worldly views.

Pray that the church will not compromise in its purity. Pray that biblical beliefs will direct everything the church does. Pray that the church will not believe the lies of the evil one and therefore leave its purpose in this world.

- 1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2 Pray for 3 people you would like to know Christ
- 3 Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

ARTICLE

ANNA

Anna from the Bible: A Woman With Purpose Luke 2:36-38

Anna, a prophet, was also there in the Temple. She was the daughter of Phanuel, of the tribe of Asher, and was very old. She was a widow, for her husband had died when they had been married only seven years. Let's read about Anna from in the Bible:

She was now eighty-four years old. She never left the Temple but stayed there day and night, worshiping God with fasting and prayer. She came along just as Simeon was talking with Mary and Joseph, and she began praising God. She talked about Jesus to everyone who had been waiting for the promised King to come and deliver Jerusalem.
(Luke 2:36-38)

Anna was not like most women of her time. She chose a different path.

More than likely, after her husband's death, Anna would have been encouraged to get married again and have children. Anna, instead, chose to stay single. She chose to share her faith to as many people as she could. She chose to serve the Lord. She chose to fast and pray, worshiping the Lord day and night. She chose to tell them the news of the Saviour that was coming, no matter how long it might be before he came. She knew her purpose and she didn't let anyone's opinions or comments keep her from it. Anna's choice would not only affect her life in an abundant way, but also the lives of others ever since.

DAY 31

'You are the light of the world, like a city on a hilltop that cannot be hidden. No one lights a lamp and then puts it under a basket. Instead, a lamp is placed on a stand, where it gives light to everyone in the house. In the same way, let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.

(Matthew 5:14-16)

Satan is doing everything he can to silence the church. He is threatening to harm us if we stand up and speak out. He is leading us to believe that true biblical Christianity is too radical and needs to be watered down. He is telling us to stay silent and to keep our light hidden from the world.

Pray that we will not be ashamed of who we are. Pray that we will let our light shine in a darkened world. Pray also that as we let our light shine, the people will come to see the truth and turn to the Saviour.

- 1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2 Pray for 3 people you would like to know Christ
- 3 Pray about 3 things you are grateful for...

- 1. _____
- 2. _____
- 3. _____

Your own additional thoughts/ meditations

DAY 32

**‘Remember those in prison, as if you were there yourself. Remember also those being mistreated, as if you felt their pain in your own bodies..’
(Hebrews 13:3)**

Many Christians are unaware of the terrible suffering our brothers and sisters in other parts of the world are suffering. Today, many Christians around the world will face a penalty of death for their faith. Others will be beaten or thrown out of households with no way to support themselves or their families.

Pray for courage and strength for our fellow believers who are suffering. Pray that Bibles and Christian literature will get to them to encourage them in God’s Word. Pray that the Holy Spirit will bring comfort to the families of all those who have been martyred. Pray that persecuted Christians will be encouraged and filled with comfort, hope and love from God’s presence with them.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

2 Pray for 3 people you would like to know Christ

3 Pray about 3 things you are grateful for...

1. _____

2. _____

3. _____

Your own additional thoughts/ meditations

DAY 33

The eyes of the Lord search the whole earth in order to strengthen those whose hearts are fully committed to him. What a fool you have been! From now on you will be at war.”
(2 Chronicles 16:9)

God has promised in Jeremiah 29:13 that “you will seek Me and find Me when you search for Me with all your heart”. God is searching for people who are searching for Him.

Pray for yourself and our church family that we will be the kind of people that God can bless and use. Pray that we will not be hypocrites and that we love God more than we love the world. Pray that when God blesses us all.

1

Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

2

Pray for 3 people you would like to know Christ

3

Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 34

At that time you won't need to ask me for anything. I tell you the truth, you will ask the Father directly, and he will grant your request because you use my name. You haven't done this before. Ask, using my name, and you will receive, and you will have abundant joy. (John 16:23-24)

God's plan for our lives is that we would abide in Christ and from that oneness with Him; we would live a life of prayer. Intense and constant prayerfulness is the essential mark of a healthy spiritual life and a healthy church.

Pray for yourself and our church family that we would come to believe in the power of prayer. Pray that prayer would be more than a ritual. Pray that it would become a reality. Pray that we would experience joy from our prayers and that this joy would become contagious throughout our church family.

- 1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2 Pray for 3 people you would like to know Christ
- 3 Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 35

“What do you mean, ‘If I can?’” Jesus asked. “Anything is possible if a person believes.” (Mark 9:23)

The Bible says that without faith, it is impossible to please God. We cannot be the church without having faith. Jesus said that if we can believe, all things are possible. With faith God’s people can move mountains.

Pray for yourself and our church family that we will be people of faith. Pray that we will seek out the promises of God as found in His Word, and that we will stand upon those promises. Pray that with our faith, we will please God.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

2 Pray for 3 people you would like to know Christ

3 Pray about 3 things you are grateful for...

1. _____

2. _____

3. _____

Your own additional thoughts/ meditations

DAY 36

Then, teaching them more about prayer, he used this story: “Suppose you went to a friend’s house at midnight, wanting to borrow three loaves of bread. You say to him, ‘A friend of mine has just arrived for a visit, and I have nothing for him to eat.’ suppose he calls out from his bedroom, ‘Don’t bother me. The door is locked for the night, and my family and I are all in bed. I can’t help you.’ But I tell you this—though he won’t do it for friendship’s sake, if you keep knocking long enough, he will get up and give you whatever you need because of your shameless persistence. “And so I tell you, keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you. For everyone who asks, receives. Everyone who seeks, finds. And to everyone who knocks, the door will be opened. (Luke 11:5-10)

Blessed is the person who does not grow weary and quit.
Blessed is the person who perseveres in prayer.

Pray for yourself and our church family that we will pray with persistence. Pray that when it comes to the matter of someone’s salvation or spiritual well-being, we will not give up until we see God moving in their lives. Pray that we will ask, seek and knock until their hearts are opened.

- 1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2 Pray for 3 people you would like to know Christ
- 3 Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 37

And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words. And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will. (Romans 8:26-27)

What a thought! When we feel imperfect in our prayers; when we sense that we have no strength of our own; when we don't know what to do - we may bow in silence before God with the confidence that His Spirit will help us. The Spirit is the Spirit of prayer. It is the Spirit who will make my prayers perfect, even in the moments of my greatest weakness.

Pray for yourself and our church family that we will learn how to pray 'in the Spirit.' Pray that we will seek the Spirit's guidance in our prayers and allow Him to teach us how to pray.

- 1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2 Pray for 3 people you would like to know Christ
- 3 Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 38

When Solomon finished praying, fire flashed down from heaven and burned up the burnt offerings and sacrifices, and the glorious presence of the Lord filled the Temple. (2 Chronicles 7:1)

Often we read the stories of great Christians and wonder what it was that made them so special. Yet the Bible teaches us that their strength was linked directly to their prayers. Much like the prophet Elijah and the early church, Solomon prayed and God moved.

Pray for yourself and our church family that we will pray in such a way that it will cause fire to fall from heaven. Pray that through the intercession of our church, God will be caused to bring renewal.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

2 Pray for 3 people you would like to know Christ

3 Pray about 3 things you are grateful for...

1. _____

2. _____

3. _____

Your own additional thoughts/ meditations

DAY 39

Ask me and I will tell you remarkable secrets you do not know about things to come. (Jeremiah 33:3)

God counts upon us to take our place before His throne as His intercessors. It is an unending element of the true Christian life. Intercession is the highest ministry any man or woman can attain or accomplish. Embrace this high and lofty privilege and position.

Pray for yourself and our church family that we will faithfully call upon the Lord. Pray that we will learn to call upon the Lord, whether it is early in the morning or in the middle of the night. Pray that we call upon God in our time of need and that we will call upon God simply to praise Him.

- 1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...
- 2 Pray for 3 people you would like to know Christ
- 3 Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

DAY 40

After this prayer, the meeting place shook, and they were all filled with the Holy Spirit. Then they preached the word of God with boldness. (Acts 4:31)

Of all the qualities mentioned concerning the early church, none is greater than their commitment to pray. They prayed, God moved, and the world was turned upside down.

Pray for yourself and our church family that we will not let this call to pray end. Much of the spiritual success of our church can be attributed to consistent prayer. Pray that we will pray individually and corporately. Pray that prayer will become a vital part of all we say and do.

1 Pray for your Dreams, Desires & Concerns and think about how the verse today relates to it...

2 Pray for 3 people you would like to know Christ

3 Pray about 3 things you are grateful for...

1. _____
2. _____
3. _____

Your own additional thoughts/ meditations

SCHEDULE ^{2ND} HALF

PLEASE TICK OFF AS YOU GO THROUGH THE 40 DAYS

	DEVOTION	PRAYER(7PM)	FAST(WED)
DAY 21	†	†	†
DAY 22	†	†	†
DAY 23	†	†	†
DAY 24	†	†	†
DAY 25	†	†	†
DAY 26	†	†	†
DAY 27	†	†	†
DAY 28	†	†	†
DAY 29	†	†	†
DAY 30	†	†	†
DAY 31	†	†	†
DAY 32	†	†	†
DAY 33	†	†	†
DAY 34	†	†	†
DAY 35	†	†	†
DAY 36	†	†	†
DAY 37	†	†	†
DAY 38	†	†	†
DAY 39	†	†	†
DAY 40	†	†	†